



Joseph E. Muscolino's Musculo-Skeletal Anatomy

Introductory weekend

The concepts and principles of
**NeuroMuscular Reprogramming
 NMR®**

Protocols for Hips and Low Back

Jocelyn Olivier CMT, MBW

Learn safe protocols to address
 sacroiliac joint pain, hip pain,
 "Military Spine", excessive lordosis,
 sciatica, and more.

NMR provides fast, easy corrections for complex coordination dysfunctions of the hips and low back. Correcting poor sequencing among the muscles controlling movement and stabilization in these areas quickly restores proper biomechanics and range of motion, alleviating chronic and acute pain of the Gluteals, SIJ and Lumbar Spine.

Safely address the neuromuscular and musculo-skeletal problems of the hips and low back at their source: in the motor coordination center of the brain. NMR reprograms the stored information governing coordinated movement.

Jocelyn Olivier, CMT MBW is the developer of NeuroMuscular Reprogramming®. She has been a visionary and innovator in the fields of rehabilitation and education for 40 years.



As founder and director of the Institute of Conscious BodyWork, Alive & Well! Jocelyn has trained over 10,000 senior bodywork practitioners. She has advanced our understanding of the value of integrating neurological reprogramming with functional re-education to accomplish the highest level of recovery from acute and chronic injuries.

Approved provider Category A for Continuing Education by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) Provider #451689-11

- ◆ Relieve compression effects from past falls on the sacrum and coccyx.
- ◆ Reduce the effects of shock and whiplash to the spine.
- ◆ Recondition active support of the erector spinae muscles.
- ◆ Learn corrective exercises to reinforce efficient use of the low back and hips.

Weds, Thur: Nov 5 & 6 from 10 am - 5 pm and

Fri: Nov 7 from 9:30 am - 12:30 pm

CEU's 15 Hours Tuition: \$300

After Oct 15th tuition is \$375

Place

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