

Emotional / Energetic Tune-ups

**Discover issues that contribute to chronic tension
and effective tools for relief!**

By using muscle testing, you can discover the emotional issues that contribute to chronic tension.

Learn simple releases for the fixations that result from shock, emotional upset and our attitudes about life.

By applying these tools, your work will be much more effective than simply rubbing tension away:

- ✦ Unwinding and relaxing
- ✦ Grounding and equilibrium
- ✦ Releasing points for emotional upset
- ✦ Stimulating brain buttons
- ✦ Enhancing immunity buttons
- ✦ Self-healing and objectivity

This process de-stresses the brain to deepen the level of relaxation in your massage and to help your clients achieve higher levels of function in life.



Jocelyn Olivier

is a Certified Massage Therapist, Master Bodyworker and developer of NeuroMuscular Reprogramming®.

She has been a visionary in the fields of somatic rehabilitation and education for over 32 years.

As founder and director of the Institute of Conscious BodyWork®, Alive & Well! Jocelyn has trained over 10,000 senior bodywork practitioners; and she has advanced contemporary understanding of the value of integrating neurological reprogramming with physical re-education to accomplish conscious healing.

9 Hours

Tuition: \$234

Wed, Jun 5, 12, 19
7 – 10pm

*Save
10%*

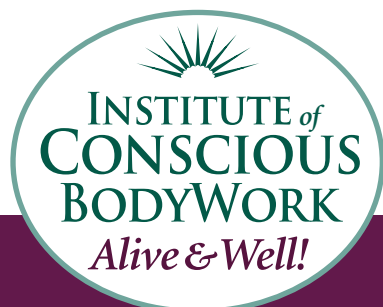
**when paid in full four
weeks in advance**

**For more information or to register, please call
Admissions at 415-388-9949**

**Class will be held at our lovely, easy to
access, NEW LOCATION!**

655 Redwood Hwy., Suite 225
Mill Valley, CA 94941

At Shelter Bay, upstairs from the Shelter Bay Cafe,
on the water side.



Email: advisor@alivewell.com