

Two great classes combined!

18 info-packed hours to
Retrain Your Brain

Brain Function Facilitation & Emotional Energetic Tune-Ups

Jocelyn Olivier CMT, MBW

Stress and trauma block the brain/body connections

that support effective communication, emotional balance and physical coordination. Resulting symptoms may be sleep disorders, disorientation, fatigue, learning disabilities, hyperactivity and dyslexia.

This course will train you to assess and release

physical and emotional tension. Using muscle testing, you can discover the emotional issues that contribute to chronic tension. Learn simple powerful and quick kinesthetic tools for fixations that result from shock, emotional upset and our attitudes about life.

When you apply these tools, your work will be more effective than simply rubbing tension away.

Improve your clients learning, concentration, coordination and mental clarity as well as providing healing relaxation.

Jocelyn Olivier, CMT MBW is the developer of NeuroMuscular Reprogramming®. She has been a visionary and innovator in the fields of rehabilitation and education for 40 years.

As founder and director of the Institute of Conscious BodyWork, Alive & Well! Jocelyn has trained over 10,000 senior bodywork practitioners. She has advanced our understanding of the value of integrating neurological reprogramming with functional re-education to accomplish the highest level of recovery from acute and chronic injuries.



This essential class is ideal for:

- **Bodywork practitioners** who want extra tools to assess and relieve the sources of tension patterns in clients.
- **Parents** with children who have learning difficulties.
- **Nurses, doctors, chiropractors** and other health professionals.
- **Anyone** who feels stress undermining their mental clarity and resourcefulness.

**Fri; Oct 31 7 - 10 p and
Sat, Sun; Nov 1, 2 9:30 am - 6 p
18 Hours Tuition: \$424**

Save 10% when paid in full four weeks in advance

*Approved provider Category A for Continuing Education by
the National Certification Board for Therapeutic Massage and
Bodywork (NCBTMB) Provider #451689-11*

655 Redwood Hwy, Suite 225
Mill Valley, CA 94941

For more information or to register, call us at 415-945-9945
Or email us at contact@alivewell.com • Website: www.alivewell.com