



The concepts and principles of NeuroMuscular Reprogramming

NMR® Mod 2:

Integrating Hips and Shoulders

Jocelyn Olivier CMT, MBW

Shoulder problems cannot be corrected without organizing the structures supporting them. One essential component is the hips to shoulders relationships expressed in Gait Patterns (forward and lateral), and Cloacals (forward and back diagonals).

Module 2 requires you have already completed **NMR Intro: Protocols for Low Back and Hips.**

Jocelyn Olivier, CMT MBW is the developer of NeuroMuscular Reprogramming®. She has been a visionary and innovator in the fields of rehabilitation and education for 40 years.



As founder and director of the Institute of Conscious BodyWork, Alive & Well! Jocelyn has trained over 10,000 senior bodywork practitioners. She has advanced our understanding of the value of integrating neurological reprogramming with functional re-education to accomplish the highest level of recovery from acute and chronic injuries.

NMR 2: Integrating Hips and Shoulders

presents quick and effective protocols to work with the organizational integrity between hip and shoulder functions. It includes a deeper look at Contralaterals, Diagonals, forward, back and side Gaits, Cloacals, and the functional integration of the big movers of the shoulders, ie. Trapezius, Latissimus, Supraspinatus, Post Delt, and Anterior Serratus with the hips and low back. Local reprogramming of shoulder functions is much easier following big system integration.

Fri; **May 1,** from 7 - 10 pm
and Sat, Sun; **May 2, 3** from 9:30 am - 6 pm
CEU's 18 Hours
Tuition: \$450 until March 25, \$550 thereafter

Presented by
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Alive & Well Institute of Conscious BodyWork is approved by the National Certification Board for Therapeutic Massage & Bodywork (NCBTMB) as a continuing education Approved Provider and is also sponsored by NCBTMB to teach New York LMTs continuing education that is accepted by the state of New York for license renewal. Provider #451689-11