## The concepts and principles of **NeuroMuscular Reprogramming NMR**<sup>®</sup>



# *Mod 4:* Lateral Lines, Torsions, Spirals and Remote Relationships

"Neurons that fire together, wire together."



## Jocelyn Olivier, CMT MBW

is the developer of NeuroMuscular Reprogramming®. She has been a visionary and innovator in the fields of rehabilitation and education for 40 years.



As founder and director of the Institute of Conscious BodyWork, Alive & Well! Jocelyn has trained over 10,000 senior bodywork practitioners. She has advanced our understanding of the value of integrating neurological reprogramming with functional re-education to accomplish the highest level of recovery from acute and chronic injuries.

## It is vitally important that we

learn how to analyze the significant details of injury history and subsequent use patterns developed as default strategies in order to resolve muscle relationships in our clients. Deepak Chopra said it perfectly in describing why we find idiosyncratic patterns in the body unique to an injury or a predictable use pattern: "Muscles that fire

### NMR Mod 4 works with:

• Relationships on the Coronal plane;

 Connections from the jaw and side of the neck to ankle;

Medial/lateral leg patterns involving the external rotators of the sacrum; Kinetic chains through the jaw, neck, arms and hands and...
The common compensation patterns among them.

## Mod 4 will challenge your brain to think 3 dimensionally;

• To consider the spiraling of forces translating upward against gravity from your ankle to your ear;

• To predict common relationships and find remote relationships buried under years of compensation.

Alive & Well Institute of Conscious BodyWork is approved by the National Certification Board for Therapeutic Massage & Bodywork (NCBTMB) as a continuing education Approved Provider and is also sponsored by NCBTMB to teach New York LMTs continuing education that is accepted by the state of New York for license renewal. Provider #451689-11

## Every client is a different puzzle waiting to be solved.

Deepak Chopra

With *Mod 4 NMR* you can approach this challenge with confidence and a full tool kit of resources, so that your clients get the most permanent change possible from your work.

Fri: July 21 7 pm - 10 pm Sat/Sun: July 22, 23 9:30 am - 6 pm Class Hours: 18 Cost: \$550

## Save 10%

when paid in full four weeks in advance

Presented by

INSTITUTE of CONSCIOUS BODYWORK Alive & Well!

#### Location

#### **Healus Neuro Rehab Center**

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