Introductory weekend

The concepts and principles of

NeuroMuscular Reprogramming NMR®

Protocols for Hips and Low Back

with Jocelyn Olivier

Learn safe protocols to address
sacroiliac joint pain, hip pain,
"Military Spine", excessive lordosis,
sciatica, and more.

NMR provides fast, easy corrections for complex coordination dysfunctions of the hips and low back. Correcting poor sequencing among the muscles controlling movement and stabilization in these areas quickly restores proper biomechanics and range of motion, alleviating chronic and acute pain of the Gluteals, SIJ and Lumbar Spine.

Safely address the neuromuscular and musculo-skeletal problems of the hips and low back at their source: in the motor coordination center of the brain. NMR reprograms the stored information governing coordinated movement.

Jocelyn Olivier, CMT MBW is the developer of NeuroMuscular Reprogramming®. She has been a visionary and innovator in the fields of rehabilitation and education for 40 years.

As founder and director of the Institute of Conscious BodyWork, Alive & Well! Jocelyn has trained over 10,000 senior bodywork practitioners. She has advanced our understanding of the value of integrating neurological reprogramming with functional re-education to accomplish the highest level of recovery from acute and chronic injuries.

- *Relieve compression effects* from past falls on the sacrum and coccyx.
- *Reduce the effects of shock and whiplash* to the spine.
- *Recondition active support* of the erector spinae muscles.
- *Learn corrective activities to retrain efficient use* of the low back and hips.

Place: **Atlanta, Georgia**

Location available upon registration.

Fri; Apr 20 from 7 pm - 10 pm
Sat, Sun; Apr 21, 22 from 9:30 am - 6 pm
CEU's 18 Hours **2018** LIVE COURSE
Tuition: $550 ***or*** **$495 if paid in full by *Mar 20***

Pay by check (preferred) to ICBW or via PayPal on the NeuroMuscular-Reprogramming.com website.

SPECIAL DOUBLE DISCOUNT OFFER -
Take *Mods 1* and *2* together and ***pay only $900*** if paid in full by Mar 20, or $1000 after Mar 20. *Mod 2 dates June 1 - 3*

Sponsored by INSTITUTE of CONSCIOUS BODYWORK Alive & Well!

Register by
Phone: **(415) 945-9945**
Email: contact@alivewell.com
Mail: **Institute of Conscious BodyWork**
655 Redwood Hwy, Ste. 225
Mill Valley, CA 94141

12/21/2017

Alive & Well Institute of Conscious BodyWork is approved by the National Certification Board for Therapeutic Massage & Bodywork (NCBTMB) as a continuing education Approved Provider and is also sponsored by NCBTMB to teach New York LMTs continuing education that is accepted by the state of New York for license renewal. Provider #451689-11, exp 7/22/2020.