Enjoy a tax deductible Education Vacation in Yelapa MX! or attend via **Zoom**

The concepts and principles of NeuroMuscular Reprogramming NMR[®] Mod 2:

Integrating Hips and Shoulders

Jocelyn Olivier смт, мвw



Come for the whole week and relax with new and old friends. Study for 3 days

CEU's 18 Hours

Tuition: Zoom attendees \$300 or pay only \$270 when paid in full by Sept 24.

Yelapa attendees \$450 (Reg \$550), no prepay discount. Reviewers \$225 if pif by Sept 24)

Register online: NeuroMuscularReprogramming.com

Accommodations range is \$50 - \$100 per night; for a room or a house. Late October is before high season, airfares should be very reasonable. Due to planning requirements, Yelapa attendees must reserve by sending a separate Accomodations Deposit of \$250 by Sept 15.

Alive & Well Institute of Conscious BodyWork is approved by the National Certification Board for Therapeutic Massage & Bodywork (NCBTMB) as a continuing education Approved Provider and is also sponsored by NCBTMB to teach New York LMTs continuing education that is accepted by the state of New York for license renewal. Provider #451689-11, exp 7/23/2023.



Shoulder problems cannot be corrected without organizing the structures supporting

them. One essential component is the hips to shoulders relationships expressed in Gait Patterns (forward and lateral), and Cloacals (forward and back diagonals).

NMR 2: Integrating Hips and Shoulders

presents quick and effective protocols to work with the organizational integrity between hip and shoulder functions. It includes a deeper look at Contralaterals, Diagonals, forward, back and side Gaits, Cloacals, and the functional integration of the big movers of the shoulders, ie. Trapezius, Latissimus, Supraspinatus, Posterior Deltoid, and Anterior Serratus with the hips and low back. Local reprogramming of shoulder functions is much easier following big system integration.

Module 2 requires you have already completed NMR Intro: Protocols for Low Back and Hips. Exceptions must be approved by Jocelyn Olivier.

Jocelyn Olivier, CMT MBW

is the developer of NeuroMuscular Reprogramming®. She has been a visionary and innovator in the fields of rehabilitation and education for over 40 years.

As founder and director of the Institute of Conscious BodyWork, Alive & Well! Jocelyn has trained over 10,000 senior bodywork practitioners. She has advanced our

understanding of the value of integrating neurological reprogramming with functional re-education to accomplish the highest level of recovery from acute and chronic injuries.



2021 Fall LIVEstreaming COURSE

Fri: Oct 22: 3:30 - 6:30pm PT and

Sat/Sun: Oct 23, 24: 8am - 4:30pm PT Class starts at 3:30pm PT on Oct 22nd, 6:30pm the same day ET, 6:30pm the NEXT day in Australia. (Check times for Indonesia, India and Europe)

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415.945.9945

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6/9/2021