

Enjoy a tax deductible **Education Vacation in Yelapa MX!** Oct 28 - 30th



Study for 3 days Oct 28, 29, 30th
Come for the whole week and relax
with new and old friends.

NMR Mod 2 Integrating Hips and Shoulders including a deeper look at:

- Contralaterals, Diagonals, forward, back and side Gaits, Cloacals, and the functional integration of the big movers of the shoulders, ie. Trapezius, Latissimus, Supraspinatus, Post Delt, and Anterior Serratus with the hips and low back.
- Local reprogramming of shoulder functions is much easier following big system integration: the hips to shoulders relationships expressed in Gait Patterns and Cloacals.

This *live course* is taught by Jocelyn Olivier, also LiveStreaming on Zoom

2022 In-Person or LiveStreaming on ZOOM, CEU's: 18

Fri: Oct 28 3:30 - 6:30pm PT *and*

Sat/Sun: Oct 29, 30 8am - 4:30pm PT

Class starts at 3:30pm PT on Oct 28th, 2022

6:30pm the same day ET,

6:30pm the NEXT day in Australia.

(Check times for Indonesia, India and Europe)

In-Person attendees \$450 / LiveStreamers \$300

Livestreamers Discount \$270 if paid in full by Sep 30, 2022.

Accommodations: The range is \$50 - \$150 per night; for a room or a house. Check online for reasonable airfare. Due to planning requirements, Yelapa attendees must reserve by sending a separate Accommodations Deposit of \$250 due by Sep 30, with the balance due by Oct 15, 2022.



Yelapa, a tropical paradise for nature lovers, also boast great restaurants! Life in Yelapa is open to the elements. Soft breezes blow through your house to keep you cool. The hot sun dries you quickly after you swim. Walk upriver for hours to waterfalls and swimming holes. Sit on the rocks or read in a hammock; watch the sunset from the beach; go fishing and snorkeling. Bring your binoculars to see Military Macaws, giant swallows that look like flying lips and song birds of all kinds.

Alive & Well Institute of Conscious BodyWork is approved by the National Certification Board for Therapeutic Massage & Bodywork (NCBTMB) as a continuing education Approved Provider and is also sponsored by NCBTMB to teach New York LMTs continuing education that is accepted by the state of New York for license renewal. Provider #451689-11, exp 7/23/23.

For more information contact: *Alive & Well!*

Phone **(415) 945-9945**

Email contact@alivewell.com

Register online at this link:

<http://www.neuromuscular-reprogramming.com>

INSTITUTE of
CONSCIOUS
BODYWORK