

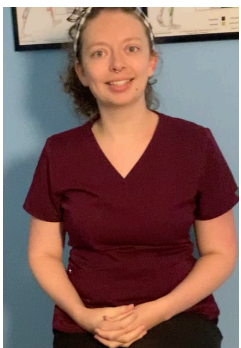


Intro: Protocols for Hips and Low Back

NMR provides fast, easy corrections for complex coordination dysfunctions of the hips and low back. Correcting poor sequencing among the muscles controlling movement and stabilization in these areas quickly restores proper biomechanics and range of motion, alleviating chronic and acute pain of the Gluteals, SIJ, Hip Flexors and Lumbar Spine.

NMR Provides the Missing Link in Rehabilitation. First it deals with ameliorating the shock and trauma effect that can linger in the Autonomic Nervous System for decades after a precipitating event. The body cannot learn new strategies when the Sympathetic Nervous System dominates. Next NMR facilitates the neuromuscular communication through unused pathways that have led to deterioration, impingement, ROM restriction. It does this through the use of muscle testing to assess inhibitions resulting in weakness and muscles that are locked and stiff but not functional. It facilitates communication with the body's organizational intelligence to reprogram the stored strategies governing coordinated movement.

Safely address the neuromuscular and musculo-skeletal problems of the hips and low back at their source: in the Cerebellum of the brain. NMR reprograms the stored information governing coordinated movement.



Taylor Springs is an enthusiastic teacher who delivers with clarity. She has an impressive background of certifications in many modalities and enjoys sharing her enthusiasm for NMR. Here are a few of her accomplishments:
-Orthopedic Massage with James Waslaski
-Prenatal Massage with Kelly Lott
-Dynamic Neuromuscular Assessment Mod1-2 with Joseph Shwartz
-Proprioceptive-Deep Tendon Reflex Foundations, Int, and Adv with Kim Limon

- **Reprogram active support of the spine**
- **Reduce effects of shock and whiplash to the spine.**
- **Relieve compression effects from past falls on the sacrum and coccyx**
- **Learn corrective activities to retrain efficient use of the low back and hips**

Class appropriate for all those trained in physical rehabilitation: DO's, PT's, OT's, DC's LMT's etc.

Learn wholly new and logically sequenced protocols to address many back, hip and groin problems.

Proceed safely to make changes that last and that will not compromise the support of important structures.

**Taught by Taylor Springs at IST
6162 E Mockingbird Ln Suite 190, Dallas, TX 75214
Contact: TaylorSpringsMassage@gmail.com**

**June 14, 2024: 6pm-9pm CST
June 15-16, 2024: 10am-6:30pm CST
18 hour class. 18 CEU's.
\$600 Tuition**

**Sign up for BOTH Mod 1 and 2 and SAVE!
(Mod 2 Oct 11-13, 2024)
Save \$200 by registering for both.**

Module 2 requires you have already completed **NMR Intro: Protocols for Low Back and Hips.**

Register by phone 415-388-9949 to take advantage of this offer.

For more info call the number above or email:
info@healus.com